



The Messenger of St. Mark's



1908 Central Ave., Cheyenne, WY 82001

May 2010

Vision

C²

Compassion to the Power of ²

Cr eating A Culture of Compassion

Core Values

as found in the word G.R.A.C.E

G = God

R = Rely on Each Other

A = Accepting of all people.

C = Caring for All Creation (50/50 Approach)

E = Excellence

THANK YOU TO OUR VOLUNTEERS AND STAFF!!

Join Us For The

5th Annual “Roll Out The Red Carpet”

Dessert and Celebration

Saturday, May 22

6:30 – 8:00 p.m.

In the parish hall

Broadcasting from the Rainbow Room!

Calling all Saint Mark’s volunteers and staff and their family or significant other to join us for live music and dancing (including a jazz combo), a red carpet, scrumptious desserts including chocolates, fruits, cakes, champagne, and sparkling cider, and a fabulous awards show and slide presentation from the past year! Mark your calendars as we celebrate all of the hard ministry work of the Saint Mark’s volunteers and staff! Adults, teenagers, and children are all invited! It is our way of thanking all of the volunteers and staff who have given of their time to spread the Gospel within our community through Saint Mark’s Episcopal Church. Please RSVP to the church office (634-7709) no later than Sunday, May 16.

Sponsored by the Stewardship Committee

Worship Calendar

Saint Mark’s Day – Sunday, April 25 at 8 and 10:30 a.m. – Bagpipers and Drums!

Taize – Friday, May 21 at 7 p.m.

Pentecost – May 23

Trinity Sunday – May 30

Historical Service – July 25

Bishop of Wyoming Consecration - Saturday, July 31 – Casper

Words from St. Mark's Deacons

The Deacon's Desk

Do you know that there are angels in St. Mark's? If you listen and look you will find them in the most remarkable places. For instance the other day when I was in the office I heard laughter, quiet chatter and a murmuring. So being the nosey person that I am, I crept downstairs and there was a busy bunch of angels making quilts for sick and needy children. There was laughter and talk but most noticeable were the busy hands that worked so fast. If you listened carefully there seemed to be a soft murmuring around them. Another time while walking through the church I met the junior warden busy taking care of God's house and as he went about his work, busy shutting off lights, mending broken "things", worrying about how the electricity is and how long will those beautiful windows last; if you listened carefully one could hear that sound of wings and murmurs. Often when going in the kitchen there are people preparing food and busy being hospitable to all who enter this holy place. The warmth of holy breath is felt. Anytime in our office there always seems to be that soft murmuring and a movement of papers. There seems to be a lot of angels that are known as the Lord's Housekeepers. Whenever they are busy washing linens, cleaning chalices, polishing brass, stop and listen again perhaps you'll hear angels singing. I really think there are angels all through St. Mark's but especially round the altar with the sweet smell of flowers and the joy of our remembering the sacrifice of our Lord at communion. All these people working for Christ and His church with love, adoration and joy. They move around our church quietly and we rarely notice them for us to say thank you. So to all these angels we say a grateful thank you.

So listen carefully next time you enter St. Mark's, be quiet and see if you also can hear that murmur. As the psalm 46:10 says "Be still and know that I am Lord".

Blessings - the Rev. Anne Adams-Harris

New Members and Transfers

Transfers in:

Transfers out:

Baptism:

Addison Hinckley

If you have come to St. Marks recently and are interested in officially becoming a member please contact the church office at 634-7709.

The Greening of Our Spirits

Every year in late March/early April I start to study my garden very carefully – closely examining the ground with anticipation – looking for the first tiny green shoots to begin poking up through the brownness. I love spring and the first few days when I can work in my flower garden are some of the happiest times of my life. I love the smell of the earth. I love to watch the wriggly earthworms as I turn clumps of earth over. I love to listen to the birds as they swoop around looking for a suitable place to build their nests. And I sing praises to God at the appearance of the first crocus and pansies.

"Each spring graciously grants an encore of your first act – creation! I stand and applaud with all earth's audience and cry again in gratitude, again, again, please do it again. And God smiles and returns to center stage to repeat the song sung so many times before." (from *Psalm of Spring's Encore* by Edward Hayes)

The greening (or Eastering) of the earth in many ways parallels the greening of my spirit and it reminds me that each of us must undergo inner transformation and rebirthing – over and over again. But this only happens after we experience long winter spells and periods of brownness in our lives. Sometimes our greening may be an all too slow process – but spring reassures us that the tiny shoots of hope and new life will *always* poke their way through the brownness of pain or questioning.

To quote writer Joyce Rupp from her book Out of the Ordinary "It is my hope for you this Easter season that you will trust the resurrection of your spirit, believe that joy and new life will come for you ... turn often to those who are still awaiting their greening and walk hopefully with them."

Happy Easter!! Happy Spring!!

The Rev. Carol Peterson

Adult Forum

Please join us for a this very special Adult Forum...

Lori Millin and her son Patrick Millin
will be presenting on

Eye Surgery/Vision Work in 3rd World Countries

Sunday - May 2, 2010
9:15 to 10:00 (between services)
In the Parish Hall

Joining the Saint Mark's Legacy Society

Starting in 2009, we began receiving and acknowledging special donations from people for the purpose of building our endowment through the Centennial Foundation. We have three families who have donated and become members of the Saint Mark's Legacy Society. One gave a life insurance policy worth around \$5,000. Another gave a check for \$250. And the third family gave a check for \$10,000. If you are interested in becoming a Legacy Society member, please contact the church office. We will have annual events to honor those in the Legacy Society, the first being in Spring of 2010. They have also automatically become a member of The Bishop's Society for the Diocese of Wyoming. Your commitment to this church will insure many more years of ministry because of the growing Foundation. Please remember your church as you plan for your estate and wills.

Mary Martha News

We thank all the people who supported and prayed with us at the "Women of the Passion" this year. Thanks to Fr. Lee for the Eucharist which followed. We had 29 attendees! Those who provided the repast afterwards out did themselves! Our next meeting is April 16, when Karine Sneesby will give an instructed demonstration on floral arrangement with a "you can do this!" approach. Then on May 7 we will have as our guest, Ms. Jayne Mockler who will discuss "Women in Politics." We all need a better understanding about what impact women can and do have in politics today, so come join us while we learn. Our Pentecost project is the Prayer Doves to hang in the church, so please promote anticipation in this. After church assist in getting them passed around and then collected. We need volunteers to collect and cut them out. May 21 will be our final meeting until September, and there will be more information on this later. NEWS FLASH!! We, the women of Mary Martha have adopted SafeHouse as our community project. For our meeting on April 16, please bring personal hygiene

HIV/AIDS Walk

April 24
Registration at St. Mark's Church
9 a.m.—11 a.m.

*Walk begins at the church and goes to the Capitol
Free, confidential testing available and a barbecue afterwards. There will be door prizes and tee shirts. For*



Preliminary Statement of Income and Expenses

First Quarter Statement of Income and Expenses for Month Ending March 31, 2010:

2010 Income	\$	97,768.13
2010 Expenses	\$	80,255.73
2010 Surplus/Deficit	\$	17,512.40
2009 + Prior Years Surplus/(Deficit)	\$	(13,753.78)

First Quarter 2010 Pledges:

Received	\$	54,834.00
Pledged	\$	52,500.00
Over/Under	\$	2,334.00

A Note from the Stewardship Committee:

Are pledge commitments and giving records kept confidential? Pledge commitments are kept confidential. The only people who see your pledge are our 2 Pledge Secretaries and the

Caring for Creation

Caring for God's Creation has for sometime tried to make St. Mark's aware of "recycling" and getting to make our church "green". Paper, plastic and foam cups and plates are usually not the way to go as many of them have food etc. clinging to them. The use of plastic bottles for drinking water is one of the worst polluters. In 2008 - 2.4 billion pounds of plastic bottles were recycled, with that amount increasing yearly by 27%. Recycling 1 ton of plastic saves 7.4 cubic yards of land fill. Also in 2008 the Great American Cleanup volunteers recovered and recycled 189,000,000 plastic bottles that littered highways, waterways, and parks.



So why are we mentioning this, we are trying to use our china at church but we need your help. WE NEED YOU TO HELP WASH DISHES - STARTING RIGHT NOW - WE HAVE A DISH WASHER THAT NEEDS TO BE LOADED BY OUR MEN FOLK BECAUSE IT CAN BE A BIT HEAVY - SO GENTLEMEN PLEASE STEP UP AND HELP YOUR WOMEN FOLK LOAD AND CLEAN DISHES AFTER OUR GATHERING FOR FELLOWSHIP EVENTS.

THANK YOU - Caring for Creation Committee

Suicide Walk

Lions Park
May 1
12 noon—Registration
1:00 p.m. Walk

Ministries

* Represents scheduling only

Building and Grounds (Larry Swanson, Junior Warden)

Supplies and Repairs
Gardening
Service Contracts

Christian Education / Discipleship (Jim Stewart)

Adult Education Norm Peterson, _____
EFM John Peacock, Norm Peterson
Children's Sunday School / Chapel
Eric/O'Hara Keszler, Kim/Tracy P
Nursery Caroline Veit, _____
Vac. Bible Sch. Caroline Veit, _____
Teen Ministry Vanessa Mancill, _____

Community Life (Kay Perry)

Daughters of the King Patti Jones, _____
Health Ministry Carol Peterson, _____
Mary / Martha Karine Sneesby, Dorothy Stevens
Prayer Chain Lynne Swanson, Kay Perry
Parish Life Mara Funk, Kay Perry,
Sylvia Stewart

Outreach / Evangelism (Alice Ruble/Nancy Abraham)

Caring for Creation Corey Rutledge, Gayle Langmo
Jon. Dan. Soc Mike Bell, _____
Linus Blankets Karine Sneesby, Laraine Hutchison
Outreach Celeste Hooper, Eric Nelson
Web Page _____, _____

Finance/Administration (Glen Garrett)

Audit Team Darwin Pace, _____
Bookkeeper Alisa Noel
Budget Bud Davis
Cent. Foun. Pam Snell, Beth Lance
Counters Darwin Pace, _____
Mem. Com. Junior Warden
Office Wanda Hughes
Pledge Rec. Pat Swanson, Betsy Phelan
Staff / Contracts Rector / Wardens
Stewardship Nancy Abraham, _____
Templeton Fund Mark Stewart
Treasurer/Asst. Ryan Lance, Peggy Coffman

Worship (Mark Stewart / Bud Davis)

Acolytes Catherine Rogers*, John Peacock*
Altar Flowers Faye Mills, Alice Ruble
Altar Guild Faye Mills, Alice Ruble
Audio/Visual _____, _____
Euch. Minister _____, John Peacock*
Euch. Vis./Hosp. Carol Peterson, Jim Stewart
Welcome Dan Kline, _____
Lectors (readers) Lynne Swanson, John Peacock*
Music Betsy Taggart, Lynne Swanson
Prayer Team _____, _____
Ushers _____, _____
Weddings _____, _____
Worship Plan. _____, _____

Small Groups

Sharing Group / Bible Study

Thursdays 10 a.m. at Jim Dolby's house. It is led by Jim Dolby.

Education for Ministry (EFM)

This class began in the Fall.

Men's Coffee

Every Wednesday at 11:00 a.m. at Daylight Donuts on 8th Avenue and Central Avenue.

Membership, Baptism, and Confirmation Class

Be sure to mark the future Baptism date: Pentecost Sunday—May 23, and Confirmation Saturday, June 19 at St Christopher's. Contact the church office.

Mary/Martha Women's Group

Twice a month on Fridays. This group is facilitated by Karine Sneesby and Dorothy Stevens.

Outreach



2010 St. Mark's MS Walk Team

Thank You

Thank you to those that came out to support the 5th Annual St. Mark's MS Walk Team.

Our team raised more than \$400 and had more than 20 people out there making a difference for those who are affected by Multiple Sclerosis. Thank you to everyone for caring to make a difference. Compassion to the power of two.



In the April 2010 edition of *ERD Now* there is a great update about the ongoing work of ERD in Haiti. Robert Radtke President of ERD stated there are three "Rs" of disasters: Rescue, Relief and Recovery and he points out that this is a marathon – not a sprint.

During the Rescue phase we were glued to our TVs and generous with our money. During the Relief phase we learn of remarkable and gratifying examples such as the sacrificial support provided by Dioceses and churches in places like Brazil, El Salvador and Honduras (previous recipients of aid from ERD). For them to be able to "giving back" is truly an inspiration and a testimony to the success of ERD. Another great example includes the Diocese of Virginia which donated nine 4x4 pickup trucks that have proven critical in getting food and other aid to hard-to-reach areas.

However, the work in Haiti is now beginning to move into the Recovery phase – and the Recovery phase is often ignored or forgotten. However, a current Recovery project of importance is support for small farmers as they get ready for the upcoming planting season – an especially important step in restoring food self-sufficiency. This is where ERD excels – ERD continues to work with the churches and communities for the long haul – ensuring that our brothers and sisters not only recover – but thrive.

To learn more about ERD and the Haitian Recovery effort go to www.er-d.org.

"...Just as you did it to one of the least of thee who are members of my family, you did it to me." (Matt. 25:40 NRSV)



As always, we thank those of you who have given your time so generously for this important ministry! Please feel welcome to come to a workshop, NO sewing skills are needed! If you can use scissors, you are able to help make a wonderful token of love! Would you please consider helping to comfort a child with a new blanket?

A silent auction to raise funds was held to purchase supplies needed for this valuable ministry. The "winners" of the silent auction were Dian Murphy, Dot Gordon and Rita Meis. The Linus Blanketeers thank you for your generous support of this important outreach ministry.

We will also have another Silent Auction starting April 28 continuing through May 23. We will be auctioning two plush double-layer fleece blankets. These warm and cozy blankets would make an excellent birthday or Christmas gift for that special child in your life.

Linus workshop meeting dates in April will be on the 28th and in May will be on the 12th and the 26th, from 1:00 - 2:30 in Read Hall (beneath the Parish Hall.) We meet on the 2nd and 4th Wednesday of the month. That is WEATHER PERMITTING!

Please come and help if you can. We will be taking a summer hiatus the May 26th will be our last workshop until autumn unless there is an emergency call for blankets. Please continue working on blankets at home, any blanket made at home is needed and appreciated.



"Do not take advantage of a widow or an orphan." Exodus 22:22

It is our mission to provide love, a sense of security, warmth and comfort to children who are seriously ill, traumatized, or otherwise in need through the gifts of new, handmade blankets and afghans, lovingly created by volunteer "blanketeers."

Friday Food Bag Event

The first annual fund raising event for the Friday Food Bag program will be held on Saturday, May 1 from 1:30 to 5:30 at the home of Brad and Danielle Enzi, 411 McGarry. Come anytime between those hours for fun, food, beverages, a best hat contest, and of course, the Kentucky Derby on wide screens. Only 250 tickets will be sold!! Contact Judy Weickum, John Peacock, Mary Guthrie or Marshall Smith for more details. We look forward to seeing lots of you there!!!

5th Annual Day of Giving, May 7th 2010

"You know for yourselves that I worked with my own hands to support myself and my companions. In all this I have given you an example that by such work we must support the weak, remembering the words of the Lord Jesus, for he himself said, "It is more blessed to give than to receive." (Acts 20: 34-35).

Are you looking for ways in which you can follow God's path for you? The Day of Giving is a great opportunity for you to reach out to your community. Please join St. Mark's and the Outreach Committee in helping to fulfill our C2 vision by participating in the 5th Annual Day of Giving on Friday, May 7th 8 AM – 5 PM at the Kiwanis Community House at Lions Park. Encourage your families, friends, and neighbors to help out in this event as no one should be left out in this inspiring community endeavor.

Ways To Give:

- Volunteer to work the event
- Donate non-perishable food items such as pasta, peanut butter, cereal, boxed meals, and canned goods.
- Donate personal care items such as regular and trial-size shampoo, conditioner, and lotion; razors, toothbrushes and toothpaste, bar soap, deodorant, and diapers.
- Drop off unused prescription medications to the Laramie County Centralized Pharmacy.
- Donate blood.
- Register as a potential bone marrow donor.

You may sign-up in the parish hall for the activity of your choice. Visit www.cheyennetwork.com/dayofgiving for more information. You may also contact Caroline Veit at 307- or Celeste Hooper at 480-540-7904 to sign-up or for more information. Thank you for your continued support!

Texas 4000

The Sense Corp Texas 4000 for Cancer is a non-profit organization comprised of undergraduate and graduate students that are raising funds for cancer research by taking part in a bicycle ride from Austin, Texas to Anchorage, Alaska. There are two teams of 25 to 30 cyclists following a coastal or rocky mountain rout this summer. The 28 Rocky Rout riders will be arriving in Cheyenne on June 25th at approximately 5:30 PM.

The Texas 4000 has contacted St. Mark's looking for overnight housing. The outreach committee is looking for volunteers to house the cyclists for the evening of the 25th. The riders will be bringing their own sleeping bags and need a roof and floor space. Showers would be a nice addition.

St. Mark's will also be providing a pizza dinner for the riders and you volunteers on the night of the 25th and will be held in the parish hall.

If you are willing and able to provide housing, please place your name and the number of riders that you can house on the sign up sheet in the parish hall.



*In Christ's love, we seek, welcome,
embrace and serve the human family.*

New Video Conferencing System at St. Mark's Church

The Diocese received a grant from the foundation to build a video conferencing system to enable meetings and programs to take place without driving many miles to meet at a central location. There are currently seven locations (including the Diocesan Center in Casper) that can be connected for meetings and trainings.

St. Mark's responded to the opportunity to house the system, and we were selected. We have installed a high-speed internet connection with access in both the Parish Hall and the Guild room. The equipment we received will allow us to receive and broadcast programs that are of interest all the churches in the Diocese. We also have the opportunity to host programs for several churches in Southeast Wyoming – including St. Christopher's, St. Matthews, Laramie, All Saints, Torrington, and All Saints, Wheatland.

The first opportunity to participate in a training offered by video conference will be Sunday, April 18, from 2:00 to 4:00 pm. The training will be offered from Thomas the Apostle Center, Cody, featuring The Rev. William Seth Adams, PhD. The topic is *An Introduction to Architecture and Liturgical Design in the Episcopal Church*.

Depending on attendance, the meeting will be held in the Guild Room, or in the Parish Hall. Enter by the double doors on Central Avenue.

Beginning Experience Weekend

The next Beginning Experience weekend will be held in Douglas, April 30-May 2. The weekend begins Friday evening and ends mid-afternoon on Sunday. It provides people with an opportunity to deal with issues confronted when one loses a relationship due to separation, divorce or being widowed. The cost of the weekend is \$100. and that includes materials, room and board. Scholarships are available for those who might need help. Applications must be received by April 26th in order for final preparations. Contact Rosanne Riley 307-856-5700 (evenings) or by email at roril@msn.com for applications or more information.

If You Desire Baptism or Confirmation or Are New To Saint Mark's, Be Sure To Mark Your Calendars For The Next Baptism/Confirmation Dates

**Baptism: Pentecost Sunday, May 23
Confirmation: Saturday, June 19 at 11 a.m.
at Saint Christopher's Episcopal Church**

Contact the church office for more information.

May Birthdays

May 2	Jack Brooks John McConaughy	May 22	Jim Rose Bill Strike
May 6	Carol Schiel	May 25	Tom Voycheske Suzanne Adams
May 7	Rick Asscherick Patti Jones J.D. Wagner	May 26	Bert Hooper
May 9	Mark Read	May 27	Ivy Chase
May 12	Ken Murphy	May 28	Rene Hinkle
May 13	Grace Adams	May 31	Susie Pace Pam Snell
May 16	Eric Wagner Wyatt Guy		
May 18	Jim Dolby		
May 19	John Clay Deborah Amend		
May 21	Corey Rutledge		

If your birthday was missed please notify the church office at 634-7709.

An Organ Concert

The **St. Mary's Cathedral Organ Concert Series** will showcase the talent of **Dr. Alison Luedecke** with an **Organ Concert on Sunday, April 18, 2010, at 2:00 p.m., at the Cathedral.**

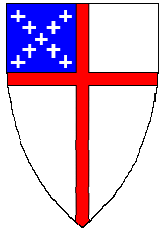
Dr. Luedecke completed the Doctor of Musical Arts degree in Organ Performance at the Eastman School of Music as a student of David Craighead. Her church ministry has included Director of Liturgical Music and Organist positions at both the cathedral and parish level. Alison was the Director of Music/Organist at St. Mary's Cathedral in Cheyenne at the time the Visser-Rowland tracker pipe organ was installed. She is currently Associate Organist at St. James by the Sea Episcopal Church in La Jolla, California.

This spring at St. Mark's
CONTEMPLATIVE SERVICES,
in the style of TAIZÉ



May 21

This service is on Friday evening at 7 pm and will last for approximately 45 minutes.
quiet singing and silence



St. Mark's Episcopal Church
1908 Central Avenue
Cheyenne, WY 82001



Change Service
Requested

Non-Profit Org.
U.S. Postage
PAID
Cheyenne, WY
Permit No. 28

Parish Life

Team 2 serves in May

Mara Funk

Joann Mc Connaughey

Nancy Whalen

Margot Robinette

Margie Hayes

Newsletter Articles are due the 2nd Monday of every month. The articles should be no larger than 1/8—1/4 page long.
Please email them to the office at stmark307.ad@gmail.com.