



# *The Messenger of St. Mark's*



1908 Central Ave., Cheyenne, WY 82001

September 2010

## **A New Wyoming Bishop**

Dear Sisters and Brothers in Christ,

What a glorious weekend. It was wonderful to see so many Episcopalians gathered in one place and to celebrate our Lord together. I want to thank you again for your support and faith in me. I am honored to serve as your Bishop and look forward to working with you as we seek to bring glory to God and strengthen our diocese in the years to come.

Many have asked me about my vision for the diocese. This is not mine to create. Instead, I believe it is the responsibility of us as a community to discover our vision together. In the coming year I plan to meet with each congregation. From these visits will come shared themes that will shape our vision.

However, let me emphasize that I do have a plan and the focus is you. My immediate goal is to create a culture of service and it begins at your diocesan office. We are here for you. We are not here to tell you what to do but rather to listen with you; discerning God's will together.

We will achieve this by building stronger relationships and through our actions. I promise you that we will be good stewards, we will link you to your fellow Episcopalians and our focus will be on bringing glory to God as we love one another as we have been loved in Christ Jesus.

Yours in Christ,

The Rt. Rev. John Smylie



### Cheyenne Interfaith Council (CIC) **International Day of Peace**

Tuesday, September 21  
12 noon

In the Capitol Rotunda

On Tuesday, September 21, at 12 noon in the Capitol Rotunda, we will celebrate and be a part of the fourth annual International Day of Peace here in Cheyenne. We will be connecting with thousands of other groups throughout the world who will be active in the day of peace, started by the UN a number of years ago. The idea is to encourage one day around the world where there would be peace among all nations and religion and people. In Cheyenne, we will be gathering with multiple faith organizations at the Capitol as a sign of peace. Each group will share a symbol from their faith and present a few minutes on why they encourage peace.

## Core Values

as found in the word G.R.A.C.E

### Our Vision

**Creating A Culture of Compassion**

**G = God**

**R = Rely on Each Other**

**A = Accepting of all people.**

**C = Caring for All Creation (50/50 Approach)**

**E = Excellence**

### Core Values

as found in the word

**G.R.A.C.E**

Some people have been asking what the core values really mean. So over the next months, we will be printing the description of each of the core values that also can be found in the copies of the strategic plan at the back of the nave. Listed below is a description of the second core value at Saint Marks – Rely on Each Other. Last month, we covered the first core value – God.

#### **R = Rely on Each Other**

In a C<sup>2</sup> community, we honor the concept of Shared Ministry, where people are challenged to serve with at least one other person in any ministry. We depend on each other for Christian mission and fellowship, and invite everyone to participate according to their gifts.

We believe that God did not intend for Christians, or anyone, to be isolated from other people. With ministry, it is even more critical that we rely on each other, not only for support, but to also help others enter and get involved in the ministry. With multiple people active, the group will be more apt to stay fresh with hopefully little burn out.



**HELP WANTED:** Must be able to sing soprano, alto, tenor or bass.  
No others need apply.

**Physical Qualifications:** Must be able to carry a tune in a bucket; must have stamina to hold up for “short” rehearsals; must have sufficient vision to see the director or unerring intuition about what might happen next.

**Experience:** No applications accepted from people who have not sung, hummed, or whistled in the bathtub, shower, or around the house.

**Beginning wages:** Increased satisfaction and joy in God’s service.

**Fringe benefits:** Social security – we promise you the security of social fellowship with other members of the choir, known affectionately as *The Motley Crew*.

**Hours:** Wednesdays from 6:00 to 7:00 pm; Sunday at 9:45 am.

**SEPTEMBER 9:** In preparation for the new season, we will begin with a patio get-together and first rehearsal at Betsy’s on Wednesday, **September 8, at 6:00 pm. Bring a dish to share.** We’ll eat and visit and then, we will do some preparation for **SUNDAY, SEPTEMBER 12.** Choir rehearsals will continue on Wednesday evenings from **6 to 7:00** at St. Marks throughout the season and again on Sunday morning at **9:45 am. New singers will find a welcome and loving home with our choir!**

**Directions to Betsy’s:** 100 E Pershing, that’s the NE corner of Central and Pershing. There is parking on Central (north of the alley), all along First Avenue, a couple of spaces in my driveway. Call for more directions, if you need them: 637-7420.

# Words from St. Mark's Deacons

## The Deacon's Desk

I was thinking the other evening how much we need each other and the many times we do not take the opportunity to ask for that help. In every aspect of our lives there is need for a helping hand. I remembered having a class with a rabbi about prayer. Many of the prayers we exchanged between our brothers and sisters of the Jewish faith and the Muslim faith helped us to understand each other and learn that we really do need each other.

- o We need one another when we mourn and would be comforted.
- o We need one another when we are in trouble and crave help, or when we are in deep waters of temptation and a strong hand might pull us out.
- o We need one another when we would accomplish some great purpose and cannot do this alone.
- o We need one another in our defeats, when with encouragement we might strive again.
- o We need one another when we come to die, and would have gentle hands prepare us for the journey.
- o All our lives we are in need and others are in need of us.
- o We need each other and God needs us.

Many Blessings  
The Rev. Anne Adams-Harris+

## *We are family ....*

Have you ever had a line from a song run through your head over and over? Recently I have been hearing a line from a song some of you may remember by the Pointer sisters a few years ago ... "*We are family ... I got all my sisters with me.*"

I think one of the reasons I keep hearing this line is because our "family" relationship was one of the key points in the sermon by Bishop Michael Curry (North Carolina) at the July 31st consecration of John Smylie, the Ninth Bishop of Wyoming. Bishop Curry pointed out that recent science indicates we might all be genetically descendant from a single female ancestor. If that is the case, then we all could be "biologically" related after all.

Interestingly, a recent study indicated that people who have a loving sister are happier people and more inclined to engage in good deeds. This can help us to understand the important role that "healthy" family relationships play in developing and maintaining our spiritual health. But "family" does not just mean our immediate or extended family; it includes our parish family, our Episcopal family – our entire human family.

Whether we are all "biologically" related or not is not what is important. What *is* important is for us to remember that we are *all* God's children - that we are all brothers and sisters in Christ. And as Christians, we are called to love one another – no matter whom we are or where we are.

In Christ's love,  
The Rev. Carol E. Peterson

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## Joining the Saint Mark's Legacy Society

Starting in 2009, we began receiving and acknowledging special donations from people for the purpose of building our endowment through the Centennial Foundation. We have three families who have donated and become members of the Saint Mark's Legacy Society. One gave a life insurance policy worth around \$5,000. Another gave a check for \$250. And the third family gave a check for \$10,000. If you are interested in becoming a Legacy Society member, please contact the church office. We will have annual events to honor those in the Legacy Society, the first being in Spring of 2010. They have also automatically become a member of The Bishop's Society for the Diocese of Wyoming. Your commitment to this church will insure many more years of ministry because of the growing Foundation. Please remember your church as you plan for your estate and wills.

## Note from the Stewardship Committee

How is St. Mark's Budget developed? The annual budget is developed by the Vestry's budget committee based on recommendations and requests from each ministry, and from pledges. The Finance Committee recommends a final budget to the Vestry for discussion and approval in preparation for its presentation at the Annual Parish Meeting in January of each year.

## Baptism

**If You Desire Baptism, Be Sure To Mark Your Calendar For The Next Baptism Date**

**Baptism: All Saint's, Sunday, November 7**

**Contact the church office for more information.**

# Ministries

\* Represents scheduling only

## Vestry Liaison - Larry Swanson, Junior Warden

Supplies and Repairs  
Gardening  
Service Contracts  
Memorial Committee

## Vestry Liaison - Jim Stewart

Adult Education Norm Peterson, \_\_\_\_\_  
EFM John Peacock, Norm Peterson  
Children's Sunday School / Chapel  
Eric/O'Hara Keszler, Kim/Tracy P  
Euch. Minister \_\_\_\_\_, John Peacock\*  
Euch. Vis./Hosp. Carol Peterson, Jim Stewart  
Lectors (readers) Lynne Swanson, John Peacock\*  
Prayer Team \_\_\_\_\_, \_\_\_\_\_  
Worship Planning

## Vestry Liaison - Kay Perry

Daughters of the King Patti Jones, \_\_\_\_\_  
Health Ministry Carol Peterson, \_\_\_\_\_  
Mary / Martha Karine Sneesby, Dorothy Stevens  
Prayer Chain Lynne Swanson, Kay Perry  
Parish Life Mara Funk, Kay Perry,  
Sylvia Stewart

## Vestry Liaison - Alice Ruble

Altar Flowers Faye Mills, Alice Ruble  
Altar Guild Faye Mills, Alice Ruble  
Linus Blankets Karine Sneesby, Laraine Hutchison  
Nursery Caroline Veit, \_\_\_\_\_  
Vac. Bible Sch. Caroline Veit, \_\_\_\_\_  
Weddings \_\_\_\_\_, \_\_\_\_\_

## Vestry Liaison - Nancy Abraham

Care for Creation Corey Rutledge, Casey Patterson  
Jon. Daniels Soc Mike Bell, \_\_\_\_\_  
Outreach Celeste Hooper, Eric Nelson  
Stewardship Nancy Abraham, \_\_\_\_\_  
Teen Ministry Vanessa Mancill, \_\_\_\_\_  
Web Page Jerry Jones, \_\_\_\_\_

## Vestry Liaison - Glen Garrett

Counters Darwin Pace, \_\_\_\_\_  
Audio/Visual \_\_\_\_\_, \_\_\_\_\_

## Vestry Liaison - Bud Davis

Audit Team Darwin Pace, \_\_\_\_\_  
Bookkeeper Alisa Noel  
Budget Team Bud Davis  
Market/Ads Wanda Hughes  
Music Betsy Taggart, Lynne Swanson  
Office Wanda Hughes  
Pledge Rec. Pat Swanson, Betsy Phelan  
Treasurer/Asst. Ryan Lance, Peggy Coffman

## Vestry Liaison - Mark Stewart

Acolytes Catherine Rogers\*, John Peacock\*  
Bookkeeper Alisa Noel  
Cent. Foundation Pam Snell, Beth Lance  
Staff / Contracts Rector / Wardens  
Templeton Fund Mark Stewart  
Ushers \_\_\_\_\_, \_\_\_\_\_  
Welcome Dan Kline, \_\_\_\_\_

## Small Groups

### Sharing Group / Bible Study

Thursdays 10 a.m. at Jim Dolby's house. It is led by Jim Dolby.

### Education for Ministry (EFM)

Tuesdays, beginning September 21 at 6:00 p.m. The class is facilitated by Norm Peterson and John Peacock.

### Men's Coffee

Every Wednesday at 11:00 a.m. at Daylight Donuts on 8th

### Membership, Baptism, and Confirmation Class

Be sure to mark the future Baptism date, November 7. Contact the church office.

### Mary/Martha Women's Group

This group will begin again in September. This group is facilitated by Karine Sneesby and Dorothy Stevens.

### Lay Ministry Course

This group will begin in October on Wednesday evenings. The group is facilitated by Norm Peterson. Contact the office to sign up for this course.

### Thankful Thursdays Class

This class will begin in September on Thursday evenings at 6 p.m. and is facilitated by Deacon Anne Adams Harris. Contact

## New Members and Transfers

Transfers in:

Transfers out:

Baptism:

Confirmation:

If you have come to St. Mark's recently and are interested in officially becoming a member please contact the church office at 634-7709.

# Outreach

## September Outreach Activity of the Month

Once again this September, St. Mark's Outreach Committee will be collecting items for the Cheyenne Animal Shelter. In September, a list of needed items will be provided at the rear of the nave - as well as a recipe for home made dog biscuits for those of you who might be so inclined. All items will be collected in designated baskets on the stage up in the parish hall and then donated to our local animal shelter in early October, in honor of St. Francis. Thanks for your continued support of our four legged friends!



As always, we thank those of you who have given your time so generously for this important ministry! Please feel welcome to come to a workshop, no sewing skills are needed! If you can use scissors, you are able to help make a wonderful token of love! Would you please consider helping comfort a child with a new blanket?

We thank the parishioners of St. Mark's for the support of Project Linus.

Linus Workshops will resume September 8 and continue on the 22nd from 1:00 - 2:30 p.m. in Read Hall.

"If a man shuts his ears to the cry of the poor, he too will cry out and not be answered."

-Proverbs 21:13



It is our mission to provide love, a sense of security, warmth and comfort to children who are seriously ill, traumatized, or otherwise in need through the gifts of new, handmade blankets and afghans, lovingly created by volunteer "blanketeers."



*In Christ's love, we seek, welcome, embrace and serve the human family.*

## St. Mark's, A Burning Desire

I wanted to take a few minutes to share my gratitude with all those at Saint Marks who constantly step up when there is a need to share with those a little less fortunate at Comea house. Last Christmas we gave over 80 stockings to help share our joy with those that probably would not have received anything for Christmas. The joy that was felt during this project was over whelming. The feelings of giving struck many people throughout our parish.

This summer we were asked again to help the Comea house with a donation to help feed those in need during Frontier days. As I understand the situation, the meals around town that most organizations serve were not served during Frontier Days. When we were asked by the Comea house on very short notice if our church could possibly help, the congregation was asked to donate for the less fortunate again. As was the case during Christmas there was an outpour of giving.

During times like these God comes to those that he knows can help and puts it on their hearts to do so. I find we are asked to help those less fortunate and realize I am the less fortunate. When helping others I always realize God is standing at our side leading us on. Although I am not in need of food or shelter my soul is in need to share Gods love with others. Sometimes the love felt in our church is beyond what can be seen on the surface. After the donations were used to feed Comea families during Frontier Days it was brought to my attention that other St. Marks parish families are still going shopping looking for great deals on food and donating not only to Comea house but throughout the community. God does move in mysterious ways. From a single spark the fire is still burning among us. I am overjoyed to be standing among so many saints keeping the fire burning within our church.

Peace,  
Jim Stewart

## Outreach Funding Provided for Children's Clinic

On behalf of St. Mark's parish, \$300 was recently provided to the Children's Clinic at Cheyenne/Laramie County Public Health. These funds help to provide needed medications for uninsured children (e.g. antibiotics or asthma meds). St. Mark's has provided funding for children's medications to this local clinic for several years. May God bless you for your support of this important ministry!

## September Birthdays

Sept 1	Laraine Hutchison Marie Replogle	Sept 18	Selma Brooks
Sept 3	Sally Parker Susan Keenan	Sept 19	Ashley Sneesby
Sept 4	Lori Millin Jacob Wells	Sept 20	Natasha Smith
Sept 5	Jane Forbes	Sept 22	Cheryl Brown Bill Keenan Jeff O'Holleran
Sept 8	Lynne Swanson Jennifer Hastings	Sept 23	Debra Rotroff
Sept 9	Beverly Swistowicz	Sept 24	Greg Sneesby
Sept 10	Dan Kline	Sept 25	Nancy Abraham
Sept 14	Charles Hayes	Sept 26	Mrs. Roene Larsen Tracy P
Sept 15	Bill Delo Barbara Rogers Madeleine Teter	Sept 27	Victoria Williams Joshua Keefe Kristin Voycheske
Sept 16	Gary Brown Emily Barlow	Sept 30	Eirk Smith

If your birthday was missed please notify the church office at 634-7709.

## Thankful Thursday Class

Deacon Anne will once again be doing the series of Listening for God, on Thursday evening. (Known as Thankful Thursdays). This will be volume 2. The authors this time will be people like John Updike etc. There are 8 stories and we will do them four at a time.

We will do four stories in a month then have a break for a month and then do the last four stories. If you are interested please sign up with Anne or Wanda at the church office by August 25 so we will know how many books we need to purchase. The price from the publisher has good up so it will be \$15 which I think will cover postage also. For anyone unable to pay there will be a scholarship provided. The series will start sometime in September and we will let you know as soon as possible the exact dates.

## Children's Chapel Begins

September 12th will begin our new fall Children's Chapel! Please join us at 9:15am, between services, for a pancake breakfast to kickoff our new year. The 10:30 service will be a special children's service where the children will be invited in the aisle during the Gospel and up on the altar to celebrate Communion. The following Sunday, September 19th, we will resume our normal Chapel schedule. The Chapel time combines both worship and Sunday school.

## Lay Ministry Course

Norm Peterson will be offering a course on Lay Ministry, beginning in October, meeting on Wednesday evenings with the possibility of additional sessions on Monday afternoon. The course will be based on the Episcopal definition of ministries (BCP, pp 855-856). Additional resources include books by Parker J. Palmer (*Let your Life Speak: Listening for the Voice of Vocation and The Active Life: A Spirituality of Work, Creativity and Caring*), Matthew Fox (*The Reinvention of Work*), Norvene Vest (*Friend of the Soul: A Benedictine Spirituality of Work*) and Ann Rowthorn (*The Liberation of the Laity*). *Let Your Life Speak*, by Parker Palmer, is recommended for the course, but is not required. Starting dates will be confirmed by mid September. Contact the office to sign up for this course.

## Mary Martha

Deacon Anne will be bringing replicas of brass to share with us on the first meeting, September 17 at 1:00 p.m. in the Guild Room. These are copies of the engraved brass memorials that were placed in the floors of cathedrals and church all over England and Europe.

Brasses first appeared in England in medieval times. Brass at that time was a cost-effective medium for memorializing those who had died, especially those of royal blood and Lords and Ladies of the manor, so to speak. Do you remember as a child when you put a piece of paper over a penny and then rubbed it with a pencil you got the pattern of the penny. This is basically the same. You can no longer do brass rubbing in the churches now because it became so popular it started to wear out the plaques. You can also rub stone work in cemeteries and other work that is in relief where you can get an interesting design. This is a very interesting process.

## Parish Health Ministry Team Meeting

Please join us for our fall planning meeting.

Wednesday Sept. 29

7:00pm in the Guild Room

Join us if you are a health professional  
or just interested in health!

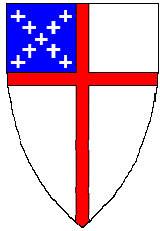
Questions? Contact Deacon Carol



## Habitat for Humanity and St. Mark's Youth Group

St. Mark's youth group hosted a Team Build for Habitat for Humanity on Sunday, July 18th. We had 16 participants. Everyone worked together to accomplish quite a lot of progress on the house we worked on. We drilled, stirred, mudded, sponged, cut, swept, sanded, swept, and hauled stuff. Fun was had by all and it was really satisfying to be working beside the family who will be living in the house.





St. Mark's Episcopal Church  
 1908 Central Avenue  
 Cheyenne, WY 82001



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## School Days!!

That means there will be many new readers out there. Also there will be many young people who will be reading at more advanced levels (we hope).

So this is a great time to donate new and gently used children's books to the ongoing Green Box Project. The Green Box is located near the east wall of the parish hall. The books are taken to the City/County Health Unit, where they are given to young patients who may not be able to afford books of their own. Books can be great friends and can give a child a step up in this world. Thanks for helping to fill the Green Box!

## Parish Life

Team 3 serves in September

Sylvia Stewart, Dian Murphy, Karine Sneesby, Theresa Patterson

## Caring for creation - remember the 4 R's

- Reduce** - turn your thermostat lower, don't leave the tap running, turn off lights.
- Reuse** - plastic bags (e.g. zip lock), use regular cups and mugs instead of paper ones
- Recycle** - paper, card board, glass, #1 & 2 plastics
- Repair** - there are a lot of things that can be mended instead of throwing them away



## Spiritual Direction

If you would like to meet with either a clergy person or with our trained spiritual director, Norm Peterson, please contact the church office at 634-7709.

Newsletter Articles are due the 2nd Monday of every month. The articles should be no larger than 1/8—1/4 page long. Please email them to the office at <a href="mailto:stmark307.ad@gmail.com">stmark307.ad@gmail.com</a> .
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