

The Messenger of St. Mark's

1908 Central Avenue, Cheyenne, WY 82001



VISION

The Way of Love

DECEMBER 2022

G.R.A.C.E. Core Values

God Rely on Each Other Accepting of All People Compassion for All Creation Excellence

Advent and Christmas Services

Advent I – Sunday, November 27th
 Advent II – Sunday, December 4th
 Advent III – Sunday, December 11th
 Advent IV – Sunday, December 18th

8:00 a.m. Eucharist Rite I
 10:30 a.m. Eucharist Rite II

Hanging of the Green – Sunday, December 18th

Following 10:30 a.m. liturgy

Christmas Eve Services – Saturday, December 24th

3:00 p.m. Candlelight Choral Eucharist

5:00 p.m. Candlelight Choral Eucharist and Pageant

11:00 p.m. Candlelight Choral Eucharist /

Prelude Music at 10:30 p.m.

The Nativity of our Lord – Sunday, December 25th

10:00 a.m. Eucharist

Christmas I – Sunday, January 1st

8:00 a.m. Eucharist Rite I

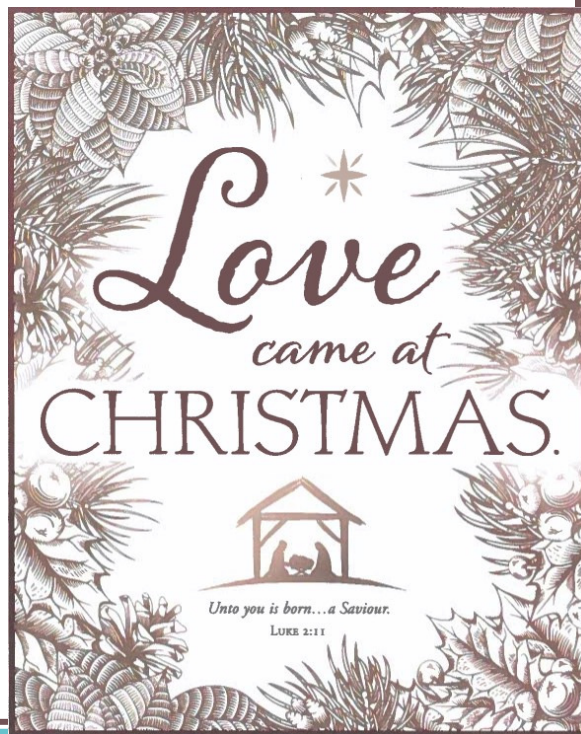
10:30 a.m. Eucharist Rite II

First Sunday after the Epiphany and

Baptism of our Lord – Sunday, January 8th

8:00 a.m. Eucharist Rite I

10:30 a.m. Eucharist Rite II



Everyone is invited to Invite Welcome Connect Conference at

St. Mark's Church December 2nd - December 4th

Spend a creative and fun time with your fellow St. Marksters thinking about what the church of the future can be. Mary Foster Parmer is a dynamic leader, one who is passionate about IWC and the Episcopal Church. Come and share your ideas and dreams as, together, we think about the future of St. Mark's. Friday is somewhat geared towards parish leadership while Saturday is targeted at the entire congregation. On Sunday, Parmer will be preaching at both services. Come to the parts that work best with your schedule!

PLEASE REGISTER!

Call 307-634-7709 OR Email stmark307.ad@gmail.com



Annual Meeting – Sunday, January 29th

There will be one service at 9:30 a.m. which will be followed by the annual meeting.

All are encouraged to come!



Advent is Coming – Time to Wake Up!

Welcome to our journey through Advent 2022! Our 4-week study will be based on The Living Compass' publication, Living Well Through Advent: Practicing Simplicity. As our culture entices us to do more, buy more, eat more during the season we'll be focusing on a profoundly spiritual interior simplicity.

Classes begin Monday, November 28 and continue December 5, 12, and 19. We'll meet in The Guild Room at 12:10 and conclude at 1:00. Books will be provided at class and will also be available in the sanctuary starting November 21.

We, Chris Van Burgh and Kathy Keck, look forward to following Paul's charge to "wake up" to the gifts of simplicity!



St. Mark's Christmas Eve Pageant

We will once again be putting on our traditional Christmas Eve Christmas Pageant. All children (St. Mark's members, friends, visiting family) are invited to participate in this fun Christmas event. The rehearsal schedule is below. If your child wants a specific part please be sure to attend the first rehearsal on December 4th. We look forward to seeing you there. For more info, please email Christie at christie.goertel@gmail.com or Jason at wyomaestro@gmail.com

~Rehearsal Schedule~

Following the 10:30 a.m. service and a lunch served to participants

December 4

December 11

December 18

Dress Rehearsal (December 22 or 23): Final day and time will be made with parent feedback and communicated after December 4 rehearsal.

Pageant December 24 at 5:00 service



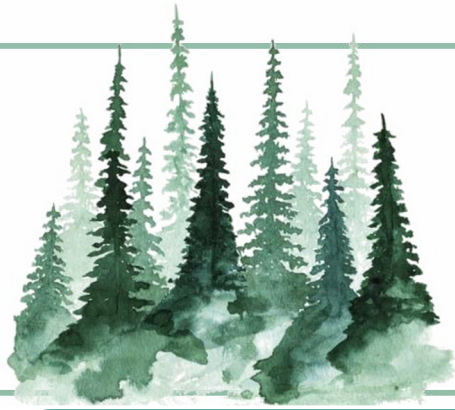
Christmas Poinsettias



Each year, the St. Mark's altar is decorated with beautiful live Christmas poinsettias in celebration of the Nativity of our Lord.

If you would like to purchase a poinsettia(s) this season in memory or in honor of a friend or loved one, please fill out the insert in the 11/20, 11/27 or 12/4 bulletins and place it in the offering plate. Please be sure to note "poinsettia(s)" on the memo line. Suggested cost is \$20 per plant. Please be sure to include your phone number so we may reach you with any questions. You may also call the church office at 307-634-7709 or email stmark307.ad@gmail.com to place your order. In these cases, please mail your check to St. Mark's, 1908 Central Avenue, Cheyenne, WY 82001.

Deadline to make the Christmas Eve Service bulletins is Sunday, 12/5/2022.



Stewardship Sunday ~potluck to follow each service~

Please join us for Stewardship Sunday on **November 20**, at both the 8:00 and 10:30 a.m. services. All those in attendance will be invited to present their pledges of time, talent, and treasure for 2023. Bring your favorite dishes for a potluck following both 8:00 and 10:30 a.m. services. Welcome to all those with appetites!!



Ruth Bright Piano Recital

Bright Piano Studio presents its Winter Recital at St. Mark's Episcopal Church on **December 10th at 2:00 p.m.**



Ruth Bright and her students will be performing a variety of classics from Bach to Christmas Carols! The recital will last approximately 45 minutes. We hope to see you there!

Yoga Eucharist *Body, Mind, Spirit*

This monthly worship service combines a heart-centered yoga practice with a simple sacrament of the Eucharist.



Nancy Judson, a certified Yoga Instructor, will be leading this offering. It includes gentle flow yoga and is suitable for both beginners and those with experience. Chairs will be available to adapt poses as might be helpful.

All are welcome, please bring a yoga mat and a firm blanket. Some mats, blankets, and blocks will also be available to use. We will meet in the **Parish Hall at 5:30 p.m. Wednesday, December 14th**, with entry at the **Kingham Hall** door.

Specific questions may be directed to Nancy by calling **307-514-1894**.

Worship in the Style of Taizé at St. Mark's

Mark your calendars for the next Taizé on **Friday, December 16th at 7:00 p.m.** The doors open to this candlelight service at 6:30 p.m. for personal prayer and silent meditation. Worship begins at 7:00 p.m. A light reception will follow the service for those who want to continue to share the evening.



Expect: chant-like and simple songs with choir and musical instruments, silence, prayer, scripture, and peace. Professional and experienced local musicians provide the musical accompaniment and the inspiration. There is no sermon nor is there a leader, just 45 minutes of being present in a spirit-filled sacred space with music.

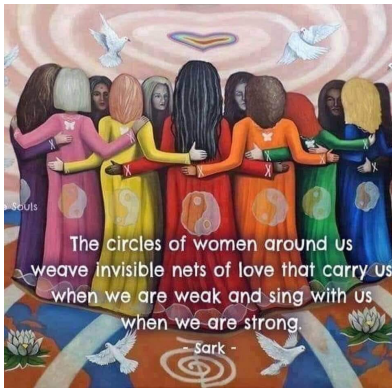
girlfriends unlimited®



Girlfriends Unlimited is St. Mark's women's ministry dedicated to the philosophy of befriending, belonging, believing and becoming.

Sew & Sews

This group comes together once a month to enjoy the fellowship of crafters who are interested in the fiber arts such as quilting, sewing, knitting and crocheting. We make and donate children's quilts and fleece blankets to organizations within the county that serve children. If you are interested, join us on the **3rd Wednesday of the month from 11:00 a.m. to 1:30 p.m. in Read Hall.** Bring your lunch and share in the friendship, ideas and fun! Our next workshop is scheduled for :
Wednesday, December 21st



Hats, Bracelets and Bling!

A Sunday Funday!
December 11
at both 8:00 and 10:30 services



We are celebrating all the Women of St. Mark's (from birth on up)! We are celebrating our faith, diversity, strength and beauty. Wear your favorite hat, charm bracelet, or jewelry, any or all. These treasures many times tell a story and it is through these stories that we are part of God's Great Story. Wear your faves, tell your story.

GAB Team Members:

*Margie Hayes Pam Snell Barb Brower
Sharon Gostovich Karine Sneesby*



Lit 'n' Latte

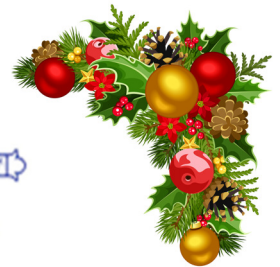
Current Reading List

December: The Gown: A Novel of the Royal Wedding by Jennifer Robson

Whether you've read the book or not, please join us on **Zoom. 2nd and 4th Mondays at 6:15 p.m.** If you have questions, contact any GAB team member.

A Special Note to the Women of St. Mark's

If you are a member of St. Mark's, you are a member of our women's ministry, Girlfriends Unlimited. You are always welcome to attend and participate in any of our activities. If you have a friend that might be interested in our groups, please invite her. All are welcome. Don't forget, small special interest groups, fun events and activities are at the heart of Girlfriends Unlimited. These gatherings are a special time when we can get together to enjoy each other's company, so if you have an idea for a small group or an activity, please contact one of the GAB team members. We would love to hear from you. Let's have fun together!



Daughters of the King is an order of Episcopal women who pray daily and spread the good news of Christ. Our chapter, Bishop Talbot chapter, was founded in 1892. We meet monthly at St. Christopher's where we share and culminate with Eucharist. We are the only group that meets regularly between our Episcopal Churches. Join us **Friday, December 9th, at 1:00 p.m.** Fellow members of the DOK are Como Boyle, Mara Funk, and Patti Jones. If interested in joining, feel free to contact member **Como Boyle at 307-640-1905.**

Climb

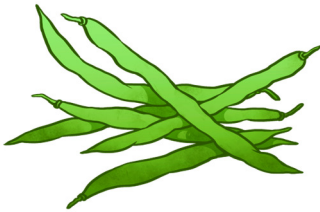
W Y O M I N G

Thanks to all of you who are participating in the Climb Wyoming Christmas Giving Project. Just a reminder that gifts should be returned to the church unwrapped by Sunday, December 4th. This really makes a difference for Climb kids and moms!

If you have any questions please contact **Sue Garrett** at **307-421-0400** or **suegarrettchange@gmail.com**



NEEDS is in Need!



NEEDS is in desperate need of canned green beans, canned corn and plastic grocery bags in addition to our normal donations of peanut butter. Please bring your donations to the church and place them in the red wagon at the rear of the nave. Thank you!



An Invitation to Join the Sacred Ground Series on Faith and Race – from The Episcopal Church

We are excited to offer the Episcopal Church's course, **Sacred Ground**, at St. Mark's beginning January 2023. **Sacred Ground** is a film- and readings-based dialogue series on race, grounded in faith. Small groups are invited to walk through chapters of America's history of race and racism, while weaving in threads of family story, economic class, and political and regional identity.

The 11-part series is built around a powerful online curriculum of documentary films and readings that focus on Indigenous, Black, Latino, and Asian/Pacific American histories as they intersect with European American histories.

Sacred Ground is part of **Becoming Beloved Community**, The Episcopal Church's long-term commitment to racial healing, reconciliation, and justice in our personal lives, our ministries, and our society. Participants are invited to peel away the layers that have contributed to the challenges and divides of the present day – all while grounded in our call to faith, hope and love.

The initial circle will begin in January 2023 and will run weekly or bi-weekly through the spring. Each in-person session will be 90 minutes. Tentatively, Monday from 6:30 to 8:00.

Each circle is limited to **10 participants** plus a facilitator. Two texts are required for each participant, partial cost paid through a grant from the Diocese of Wyoming. All other class materials are provided through online access.

To sign up or for more information, please contact **Betsy Taggart** at **307-221-6212**





What Do Ya Know?

Have you ever wondered about those stained-glass windows up high in our sanctuary? These exquisite works of art are known as clerestory windows. In his article from Architectural Digest, Eric Allen wrote, “The use of clerestories—a row of windows well above eye level—stretches all the way back to temples in ancient Egypt. Since then, they’ve been a favorite feature in religious structures for their ability to flood vast spaces with natural light, creating interior environments so open and bright they can feel downright heavenly” (<https://www.architecturaldigest.com/gallery/clerestory-windows-transform-a-room>). The Middle English word *clerestorie*, pronounced CLEAR-story, means “clear story,” which describes how an entire story of height was “cleared” to bring natural light to sizable interiors (<https://www.thoughtco.com/what-is-a-clerestory-window-178425>). Next time you are at St. Mark’s, particularly take a look at the front north upper window. It is mostly all shades of purple, except for a hint of light in the middle, highlighting Jesus. Spectacular! May all of the stained-glass windows at St. Mark’s, particularly our clerestories, bring you to a holy place as you worship and pray in the sanctuary. What do ya know?



WE DID IT!

The Parish underwrote flowers for 50 of the 52 weeks in 2022! The only exception was the two weeks in October when our fabulous floral designer, Annette Brooker, was on vacation and we did not have any reservations. Thank you for supporting our floral ministry!! Help us continue having beautiful flowers enhancing our worship in the New Year. You may reserve flowers for any week of the year by completing one of the forms found in the floral reservation binder located at the rear of the nave across from the votive candles. Be sure to include your color preference and phone number. You may also call in (307-634-7709) or email (stmark307.ad@gmail.com) your order information. Suggested cost is \$70 per arrangement. Multiple donations welcome.



What Do You Know About Advent?

Advent is the first season of the church year, beginning with the fourth Sunday before Christmas and continuing through the day before Christmas. The name is derived from a Latin word for “coming.” The season is a time of preparation and expectation for the coming celebration of our Lord’s nativity, and for the final coming of Christ “in power and glory.” The first Sunday of advent can rightly be thought of as the New Year’s Day of the liturgical year.



THE MINISTERS

Laypersons, Bishops, Priests,
and Deacons

VESTRY

Clay Barnes
Kimberly Cuthbert
Sue Garrett - Secretary
Chuck Hayes
Tanya Hood
Angelene Kelley
Swede Nelson - Junior Warden
Corey Rutledge - Senior Warden
The Rev. Rick Veit - Rector/
Board Chairman
Kristi Wallin

DIOCESAN DELEGATES

Angelene Kelley
Swede Nelson, Alternate
John Peacock

CENTENNIAL FOUNDATION

Peggy Coffman - Secretary
Mick Finnegan
Josh Keefe - Treasurer
Swede Nelson - Junior Warden
John Rogers - Vice President
Corey Rutledge - Senior Warden
Kent Rutledge - President
The Rev. Rick Veit - Rector
Ron Weickum

**STAFF, CLERGY, AND CONTRACT
WORKERS**

Dana Anderson - Organist
Matt Carlass - Videographer
Jason Gilbert - Director of Music
Danielle Glowacki - Nursery
Kathy Keck - Finance Secretary
Bailey Pachel - Administrative Assistant
The Rev. Arlen Rounds - Assisting Priest
Kayla Sanchez - Nursery
Janine Thompson - Bookkeeper
The Rev. Rick Veit - Rector
Thane Yennie - Assistant Director of Music

BISHOP OF WYOMING

The Rt. Rev. Paul-Gordon Chandler



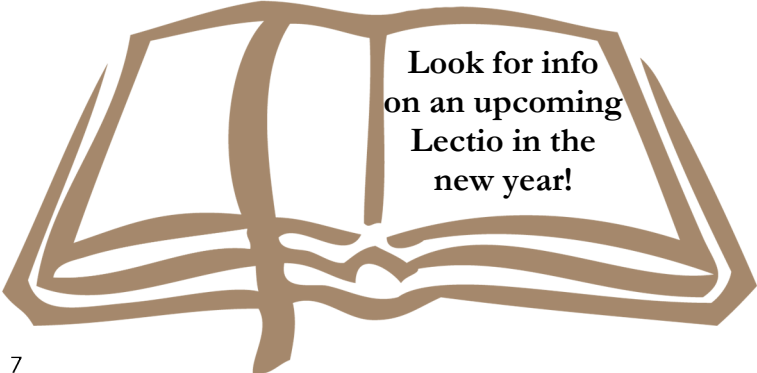
Men's Coffee
 11:00-12:00 p.m. at
 Dazbog Coffee - 3911 E. Pershing
 Blvd. Suite A, Every Wednesday
 Anyone is welcome to come enjoy
 coffee and conversation.
 Please join!

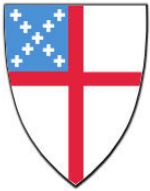



December Birthdays

- December 2nd**
Jimmie Richmond
Meg Rose
- December 4th**
Chuck Mills
- December 5th**
Ryan Lance
- December 7th**
Taylor Trautwein
- December 8th**
Doreen Sing
- December 9th**
Rick Davis
Beth Lance
Cindy Langmo
Catherine Rogers
- December 13th**
John Ott
- December 14th**
Barrett Georges
- December 15th**
Tony Rose

- December 16th**
Michael James
- December 18th**
Patrick Arnold
Lucy Swinford
- December 19th**
Darwin Pace
- December 21st**
Erik Woolley
- December 22nd**
Katerina Smith
- December 23rd**
Claire Davis
David Sipe
- December 27th**
Huey Robinette
Derek Turman
- December 29th**
Patrick Millin
- December 30th**
Bob Boyle





St. Mark's Episcopal Church
 1908 Central Avenue
 Cheyenne, WY 82001



Change Service
 Requested

Non-Profit Org.
 U.S. Postage
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 Permit No. 28

Join us Sunday In Person and Online

The church doors are open and you can live stream through Facebook (<https://www.facebook.com/stmarkscheyenne/>) or YouTube (https://www.youtube.com/channel/UCreTha5Tjk9Ya0fory_Gr3g) on Sunday mornings at 8 and 10:30 a.m. In person Children's Chapel is at 10:30 a.m. All the printed liturgies, scriptures and music/hymns can be found on our website (stmarkscheyenne.org). Click Media, then Resources. You can use your Book of Common Prayer (Rite I / p. 323 or Rite II / p. 355) or go to bcponline.org and click on The Holy Eucharist. Then click on either Holy Eucharist, Rite I or Rite II.

The Reverend Rick Veit, Rector
 307.634.7709
<http://stmarkscheyenne.org>

Thank you for
 a great year!

Newsletter articles are due the Friday before the second Tuesday of every month, exact date is emailed as it changes.
 The articles should be no larger than 1/8 - 1/4 page long.
 Please email them to the office at stmark307.ad@gmail.com.